

The Twickenham Tribune

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Hoots, there's a Coot about!

Radnor Gardens

Photo by Berkley Driscoll

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TwickerTape - News in Brief

Travellers

Travellers once again set up at Old Deer Park, and LBRuT were working with the Police on issuing formal notices to ask them to leave

Kings Head refurb

The Kings Head pub in Teddington will be closing for a 5 day mini refurb from Monday 14th January and reopening Saturday 19th January from 4pm.

Lidl for Fulwell?

It appears that the Wickes DIY store in Fulwell is to close and there are plans to replace it with a Lidl store, plus another retail outlet (occupier unknown). More can be seen at the planning application:

http://www2.richmond.gov.uk/PlanData2/Planning_CaseNo.aspx?strCASENO=18/4073/FUL

PMs visit Twickenham Stadium

On Thursday the Prime Minister Theresa May visited Twickenham Stadium with Japanese Prime Minister Shinzō Abe

Hampton Wick and Teddington Wards PLG

The next Police Liaison Group (PLG) meeting is Tuesday 15th, between 7pm - 9pm at the St Mary's Parish Hall on Langham Road opposite Sainsbury's on the High St. This is a joint meeting for Hampton Wick and Teddington Wards. Public are welcome to attend.

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With the holiday season behind us we now look forward to progress being made on the council's plans to deliver a new Twickenham Riverside that we can all be proud of.

The current administration has taken a different approach to the previous one and is developing a design brief with the help of a newly appointed Design Panel and the panel is expected to hold its first meeting very soon. At the time of writing the exact makeup of the panel has not been disclosed, although the panel had a 'get to know one another' meeting on Friday.

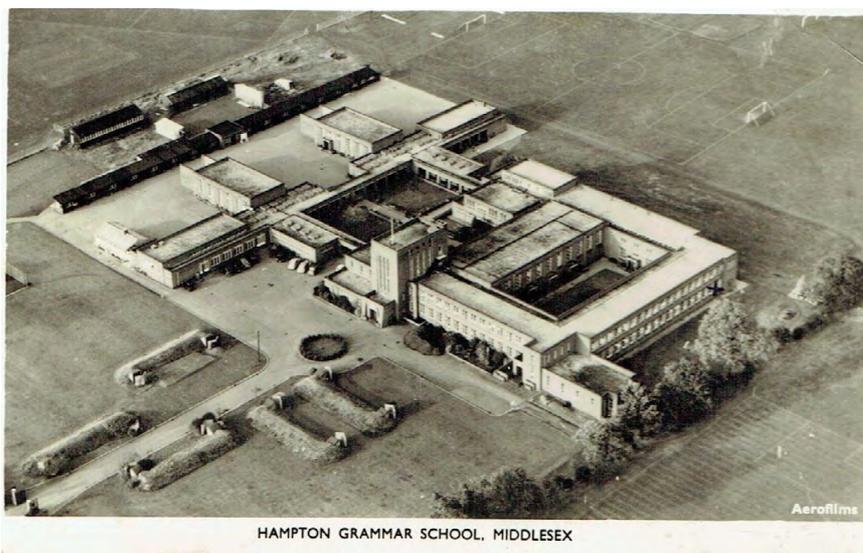
TwickerSeal has noticed a good deal of chatter on Twitter about the Design Panel and the Stakeholder Reference Group, with many unconvinced that the wider views of Twickenham residents will be represented. TwickerSeal knows of 2 online petitions totalling almost 7,000 signatures representing the views of local people. Many of these are the 'hard to reach' who do not take part in consultations, workshops or committee meetings. TwickerSeal hopes that our ward councillors will take note of their views and realise that there is far more to the riverside than Eel Pie Island.



PART 109 - HAMPTON GRAMMAR SCHOOL

Originally founded as Hampton School in 1557, the early school was on the site of St Mary's Church by the River Thames. It moved to a site on Upper Sunbury Road in 1880. The new school buildings cost £8,000 and were built in the Elizabethan Tudor style to accommodate 125 day boys and 25 boarders. The school moved to its present site on Hanworth Road in 1939. The new 28 acre site allowed for expansion and the potential to provide for 600-650 boys. The foundation stone was laid on 5 July 1938 and a year later the school was opened.

Our aerial postcard shows the Hanworth Road site in the 1940s.



The School became a Grammar School in 1910 and converted from voluntary aided status to become a fee-paying independent school in 1975 after changes to the administration of secondary education in the London Borough of Richmond upon Thames. It is next to The Lady Eleanor Holles School for girls, with which it co-operates in a number of co-curricular activities and shares several classes, clubs, facilities and a coach service.

Hampton School, which educates boys aged 11 to 19, is among the highest performing for GCSEs and A-levels in the country. It currently has 1,270 pupils.

Its alumni - known as Old Hamptonians - include Lord Kenneth Baker, who was education secretary in Margaret Thatcher's government; Brian May, the guitarist in the rock band Queen and Jim McCarty, founder and drummer with The Yardbirds who had several top ten hits in the 60s. Jim is still rocking and has performed with the band several times at Eel Pie Club gigs in the last 20 years or so.

The school also boasts one of the top rowing clubs in the country and counts two Olympic Gold-winning oarsmen - Greg Searle and Jonny Searle - among its former pupils. Founders' Day is celebrated by the school towards the end of each academic year. The occasion is marked by a procession of boys walking from the school to St. Mary's Church.

My search for old postcards continues. I am always looking for old postcards and old photograph albums etc. The postcards can be British or Foreign, Black and White or coloured and of places or subjects. If you have any that are sitting unwanted in a drawer, in a box in the loft or in the garage or under a bed, do contact me on 07875 578398 or alanwinter192@hotmail.com I would like to see them and I pay cash!

Arts and Entertainment

By Erica White



Saturday, 12 January at Hampton Hill Theatre, award-winning youth and child STEP ON STAGE ACADEMY presents GOODNIGHT MISTER TOM at 2.30 and 7.30pm, www.ticketsource.co.uk/steponstageproductions

Friday, 18- Saturday 26 January, at St Edmund's Church Hall Nelson Road, TW2 7UBB, St Edmund's Drama Society present ALICE IN WONDERLAND. Times of performances vary.
Box Office: 07765 6055374

Saturday, 19-Saturday 26 January at Mary Wallace Theatre, TW1 3DU, at 7.45 eves, Sunday matinee, 3.00pm. Richmond Shakespeare Society presents HEDDA GABLER by Henrik Ibsen, in Christopher Hampton's acclaimed translation. The drama of a strong-headed woman trapped in the cloying domestic setting of 19th century Norwegian society.
Info: www.richmondshakespeare.org.uk

Saturday, 26 January-Friday, 1 February, at Hampton Hill Theatre, TW12 1NZ, Teddington Theatre Club presents THE WINTER'S TALE by William Shakespeare. "A poignant tale of love lost and found" at 7.45 eves, Sunday matinee at 4.00pm.
Info: www.teddingtontheatreclub.org.uk

Wednesday 16-Saturday 19 January, at 8.00pm at The Noel Coward Studio, Hampton Hill Theatre, LIES LOW a one-act drama laying bare the inter-connection of three lives, each character concealing his/her true motives.
Info: ticketsource.co.uk/lies_low

Sunday, 20 January at 2.30. Classics in the Afternoon returns to Landmark Arts Centre, TW11 9NN when Cuban guitarist, AHMED DICKINSON CARDENAS & British-Korean cellist, CATHERINE LEE entertain with music by Piazzolla, JSBach, Li Lu, de Falla and Martin.
Info: www.landmarkartscentre.org.uk

Don't forget to fit in a visit to STRAWBERRY HILL HOUSE where Horace Walpole's TREASURES are temporarily on view in their rightful setting. But only until the end of February. Time slips by so quickly, grab the opportunity to go as soon as possible. Info: www.strawberryhillhouse.org.uk

Friday, 1 February: Final date for submissions for the DIANA ARMFIELD DRAWING COMPETITION. Take submissions to Arts Richmond at the ETNA Centre, East Twickenham.

Info: info@artsrichmond.org.uk

Folk, Jazz and Rock enthusiasts who regularly attend The Cabbage Patch Pub in London Road are advised to visit the websites below to check what's on.

Sunday, 13 at 7.45 Live acoustic music. Just come along and listen. TwickFolk

Info: <http://www.twickfolk.co.uk>

Tuesday, 15 January at 8.00pm. Twickenham Jazz Club presents PETER JONES QUARTET, FEAT, with Leon Greening, Julie Walkington & Adam Osmianski.

Info: <http://www.twickenhamjazzclub.co.uk>

WEDNESDAY, 16 January, NB change of usual day at 8.00pm. The Eel Pie Club is proud to welcome the return of MUD MORGANFIELD, aka MUDDY WATERS, widely-acclaimed blues musician

Info: <http://eelpieclub.com>

Thursday 24 January and future alternate Thursdays at 8.00pm at The Turk's Head, Winchester Road, St Margaret's, the Pub Choir invites you to join in and relax. Sing your heart out with a glass of your favourite tippie in your hand!



The Tree Agency

darryl parkin

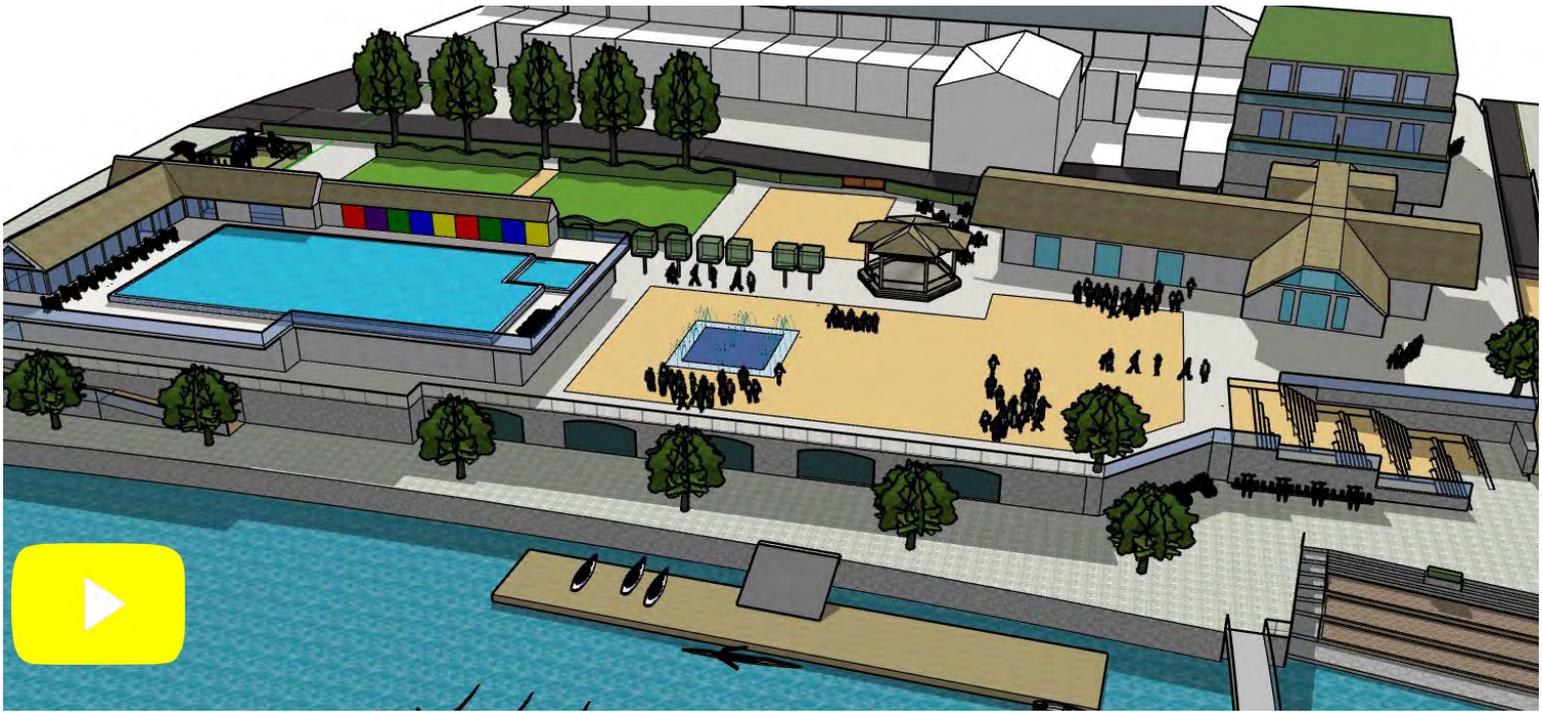
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A CALL TO RETURN SPORT AND LEISURE TO TWICKENHAM RIVERSIDE

A Christmas and New Year festive ice rink on the new town square

Outdoor swimming and health spa with community cafe and restaurant

Stand Up Paddleboarding boathouses connect the complex to the River



Click image above to view video walkthrough

The front of the site, on King Street, has a complex for retail/commercial and residential use. An indoor market reminiscent of modern markets in European cities, such as the Mercato in the Termini in Rome or Sant Antoni Market in Barcelona, flows from the King Street units

There are also options for a pontoon and the bridge linking Twickenham with the other side of the river. Underground parking will be included.

[Read a selection of the 4,000+ petition comments HERE - See what Twickenham has to say](#)

[THE PETITION](#)

[History of Twickenham \[outdoor\] Baths closed 1980](#)

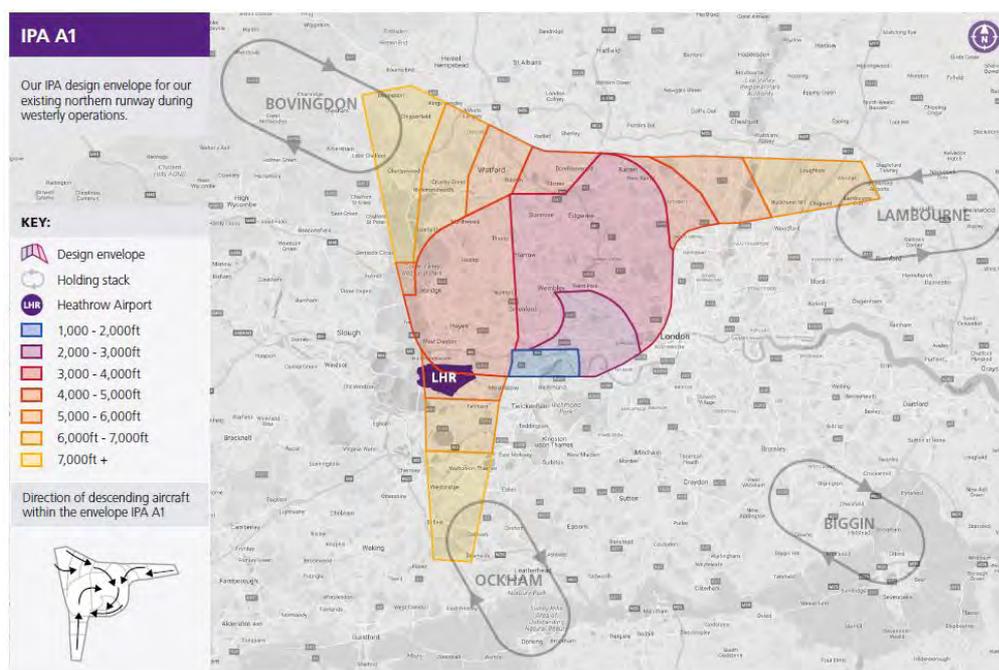
[History of the East Twickenham Ice Rink closed 1992](#)

Drawings by Berkley Driscoll © Berkley Driscoll

What is an “Independent Parallel Approach”?

It is a form of intensive landing at Heathrow using both runways at the same time. It does not give respite when being used, unlike currently, where runway usage is alternated during the day.

Check out this latest development and the impact on Teddington and Twickenham. Planes will fly lower (and louder) and many more of them in the new consolidated flight paths and with the new technology, the times between flights will be reduced from 90 seconds to 30.



www.teddingtonactiongroup.com/2019/01/10/what-is-an-independent-parallel-approach

Ofo cycle hire has pulled out of London

The Tribune previously reported that Ofo had ceased its operations in Richmond borough and was reviewing its operations. It has now been announced that Ofo has dissolved its International Division, which included the UK operations, so the ubiquitous yellow bicycles will not be returning.

However, Ofo-spotters can still see examples dotted around the borough; recent sightings have been reported on Twitter twitter.com/Gareth_Roberts_/status/1082230038374817797/photo/1

This unloved Ofo (below) has been languishing in Strawberry Hill for a couple of months now!

The first photo was taken on 6th November 2018 and the second photo on 11th January 2019



Twickenham Stoop Antique Fair

Antiques, Art Deco, Vintage, Collectables

Sunday 20th January

Twickenham Stoop Stadium

The home of Harlequins Rugby Club

Langhorn Drive, Twickenham,

Middlesex. TW2 7SX

10am - 4pm. Entry £3,

OAPs / Students £2

Trade Entry 9am £4

Free parking, Café

Over 100 indoor stalls

Outside pitches available

Located opposite Twickenham

National Stadium, on the A316



HADDON EVENTS

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Email: info@haddonevents.co.uk

Web: www.haddonevents.co.uk

CALL FOR ENTRIES FOR THE TWICKENHAM FILM FESTIVAL 2019

TWICKENHAM ALIVE FILM FESTIVAL

www.twickenhamfilmfestival.com

The Twickenham Alive Film Festival is a community-based film festival inviting submissions of short films, up to 10 minutes, based on four categories:

- Films from within the London Borough of Richmond upon Thames
- Films from the United Kingdom
- Films from outside the United Kingdom
- Films by film students

The suggested theme for submissions is 'Where You Live' and the films can be on any aspect of the area, way of life, attractions, culture, sport or environment of the entrants' home area.

Please contact us if you need further clarification.

Films can be of any genre, such as documentary, drama or animation.

Click image below to view a previous entrant

Lofty Thirst

Filmmaker: Febrianto Pudi Utama

National Animation Award 2013



Hedda Gabler

by **Henrik Ibsen**

(Translated by **Christopher Hampton**)

Directed by Harry Medawar

Richmond Shakespeare Society



**The Mary Wallace
Theatre**

The Embankment
Twickenham
TW1 3DU

**Saturday 19th to
26th January 2019**

**Box Office
07484 927662
(10.00 to 19.00)**

**www.richmond
shakespeare.org.uk**

Tickets from £10

An amateur
production by special
arrangement with
Samuel French Ltd

Richmond Shakespeare
Society is a registered
charity No. 276271, a
member of the Little Theatre
Guild of Great Britain and
affiliated to artsrichmond



If only ...

Steam, Steel and Shells – 40

By Helen Baker

Fire ! Fire ! on 20th April 1918, Pelabon Works, East Twickenham. As day shift changed to night shift, an oil depot blaze spread to the workshop next door.

Richmond's fire-fighters came first; men from Twickenham and nearby towns close behind to fight the flames against a high NE wind. In dreadful conditions; a long battle. The fire was contained but the damage severe. We don't know which building it was, but in 1948 another big fire destroyed Workshop No.1 (Reliance Signwriters): the first of Pelabon's workshops to come to grief.



Arthur Harrison,
England Rugby
Grand Slam Team,
1914

A Pathé News clip of the 1948 fire suggests what it was like in 1918: <https://www.britishpathe.com/video/around-britain-richmond/query/fire+reliance+signwriters>, the outline of Work-shop 5 (Richmond Ice Rink) clear behind the gutted roof.

As smoke slowly cleared, a new fleet had assembled off Dover. Their aim ?

- to block Zeebrugge Harbour in Belgium with old ships and so hem in the German U-boats which were devastating supplies for Britain.

In Twickenham today inside the Rugby Stadium, players pass a picture of Lieutenant Commander Arthur Harrison, who played there for England in 1914. On April 23rd he was outside Zeebrugge on flagship HMS Vindictive, ready to lead a diversionary attack by Marines on the harbour mole. The wind changed, blowing their smokescreen off-shore, and they came under heavy German fire. Harrison was hit by a shell and dragged below-deck for dead.

Reviving, he called his Marines forward for the assault. Fully visible to German defenders at the land end, they charged into the face of the guns. All but two were killed; Harrison's body never found.

The Zeebrugge raid was ineffective overall as the Germans dug new channels for their submarines; yet three old ships were certainly scuttled and the raid undoubtedly daring. Presented as glorious success back home, it helped raise morale from the depths. Not least for the Pelabon Belgians, many of whom came from the Zeebrugge region.

Arthur Harrison won the Victoria Cross for his bravery. He is commemorated at St James Church, Wimbledon, his home, and at Rosslyn Park, where he played.



Firemen from Twickenham Fire Brigade ready for inspection with their fire engine, Charter Day, 1926. Twickenham Museum



Firemen from Hampton Fire Brigade in procession, 1910. Twickenham Museum



L Cdr Arthur Leyland
Harrison VC. IWM
Lives of the First
World War

RIVER CRUISING LIKE NO OTHER!!!

By Bruce Lyons of Crusader Travel

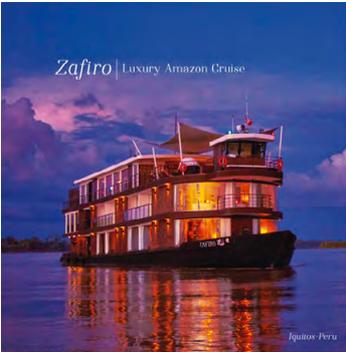
Imagine standing on the Bridge looking at the Sun going down over the Amazon – A Fantasy? well perhaps not!



La Perla
Adventure Amazon Cruise

**BUY ONE
GET ONE
FREE!**

in selected departures



Zafiro | Luxury Amazon Cruise

**BUY ONE
GET ONE
FREE!**

in selected departures



Departures 2019

4 Days/3 Nights Amazon Cruise
March 3, March 6, April 7, April 10, April 24

7 Days/6 Nights Amazon Cruise
March 3, April 7



Departures 2019

4 Days/3 Nights Amazon Cruise
February 13, April 24





Terms: Buy one and get one free on selected departures. Valid for all cabins available in the cruise. Based on double occupancy. This offer can not combined with any other discount. Limited Stock. Promo subject to availability and promotion can be changed without notice. This promotion is valid for reservations until January 20th, 2019.

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Our Friends in Peru have just got a bit romantic and they have brought this offer to our attention

Two for one on Amazon cruises! Give your valentine the gift of luxury this year It's a bit late for me, but I would have loved to do this – and would be delighted to design it for you! Of course you will need more than three days, as you have to get there (Iquitos) and you'll want to do more. But you could build a really exciting itinerary around this as the central part – & even pop the question!!

Right now, at this time of year, we are always being asked for creative ideas to surprise a partner with and there is plenty of Romance out there – some closer to home than the Amazon.

Pop in for a chat, confidentiality guaranteed.

River Crane Sanctuary



Big Garden Bird Watch 26th - 28th January 2019

Take part in the RSPB bird watch on-line or send for their excellent pack to help record what is visiting our gardens or visit one of our local public gardens like Kneller or York House. The RSPB site has information on identifying birds and even if you cannot name all you see it will be an opportunity to learn something new and a good way to introduce young ones to nature. Photo one is a Black-Cap but confusingly the female has a brown cap! Next is a Coal Tit which is hard to spot as so quick and similar to a Great Tit only smaller and with the white nape.



You may see Redwing which are migrating here now and can be distinguished by the eye stripe from the Song Thrush (smaller and brown speckled chest) and Mistle Thrush (larger than the song thrush and greyish breast). We were given a good tip for not confusing the Moor Hens with the similar Black and White Coots by saying More Colour, red beak, equals Moor Hen. We love birds but we are not experts and get it wrong sometimes so always contact the RSPB or other local bird groups if you want to be sure of correct identifications but we believe it is better to take part and enjoy ourselves and we hope you will join us and post your photos on the River Crane Sanctuary Group for all to appreciate the beauty of nature locally. We spotted the Kingfisher by Meadway Bridge, Goldfinches by Mill Road Bridge and house sparrows bathing in the River Crane and feeding in the hedgerow last Sunday. All photos/videos are on our Flickr album and Links are on our Site.



The River Crane Sanctuary website <http://e-voice.org.uk/rcs/>

St Mary's University Update

Greg Wise to visit Twickenham to discuss the idea of dying well with Palliative Care Physician, Dr Kathryn Mannix and LBC's Shelagh Fogarty

On the evening of Friday 18 January The Art of Dying Well is bringing together two people who have inspired millions with their accounts of caring for the terminally ill. Palliative care pioneer Kathryn Mannix will be in conversation with actor Greg Wise who put the rest of his life on hold to care for his sister as she was dying of cancer.

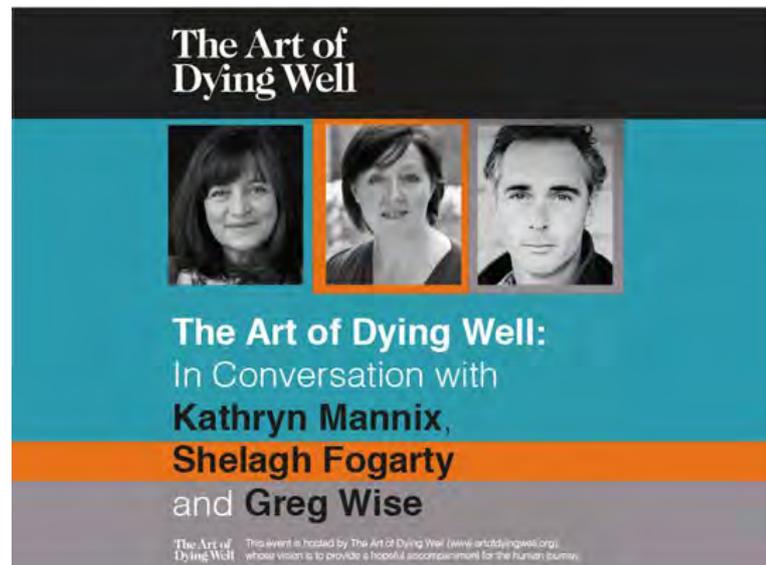
Journalist and LBC presenter, Shelagh Fogarty, will chair the evening and take questions from the audience. Shelagh takes a keen professional interest in the subject of social care.

Kathryn Mannix's book, *With the End in Mind*, relates her experience as a doctor who has treated thousands of patients in their final weeks and days. Kathryn shows that with good palliative care, the process of dying can be peaceful and bring comfort to those left behind.

Greg Wise (credits include Lord Mountbatten in the Netflix series, *The Crown*) was full-time carer for his beloved sister, Clare, during the last three months of her life. They wrote blogs that traced their steps on the journey. After Clare's death these accounts were published as a book, *Not That Kind of Love*. Greg describes how he found grace, love, humour and humanity looking after Clare.

He says: "One of the things that has

become very clear to me is that in profound darkness there are always nuggets of grace or joy that will



completely colour the day, little victories something as simple as get Clare to drink a glass of smoothie, take a pill or go to the loo. There were moments that just worked and these were filled with grace and love."

The evening has been organised by The Art of Dying Well (artofdyingwell.org) - St Mary's University, Twickenham, London. The vision of The Art of Dying Well is to provide a hopeful accompaniment for the human journey.



St Mary's
University
Twickenham
London



Richmond
Concert
Society

Tuesday 15 January 7:45pm
St Margaret's Church
East Twickenham TW1 1RL

The Leonore Piano Trio
will play Haydn, Parry and Brahms

See our website for further details

Richmond Concert Society

www.richmondconcerts.co.uk

A Healthy New Year

Well folks, as it is 'Veganuary' and 'Dry January', I thought you might like a delicious and warming vegan recipe, and some 'tried & tested' healthier product suggestions.

Spawned from the cult MTV show Dirty Sanchez, by Matt Pritchard, is the BBC's first ever vegan cookery series – Dirty Vegan. You can find it on iplayer, and it's also the title of an interesting new book. Here is a recipe from the book, which is published by Mitchell Beazley at £20 hardback. It is a pretty unusual book, and has some great recipes. Photography by Jamie Orlando Smith and Chris Terry

SWEET POTATO, DHAL AND SPINACH GRATIN

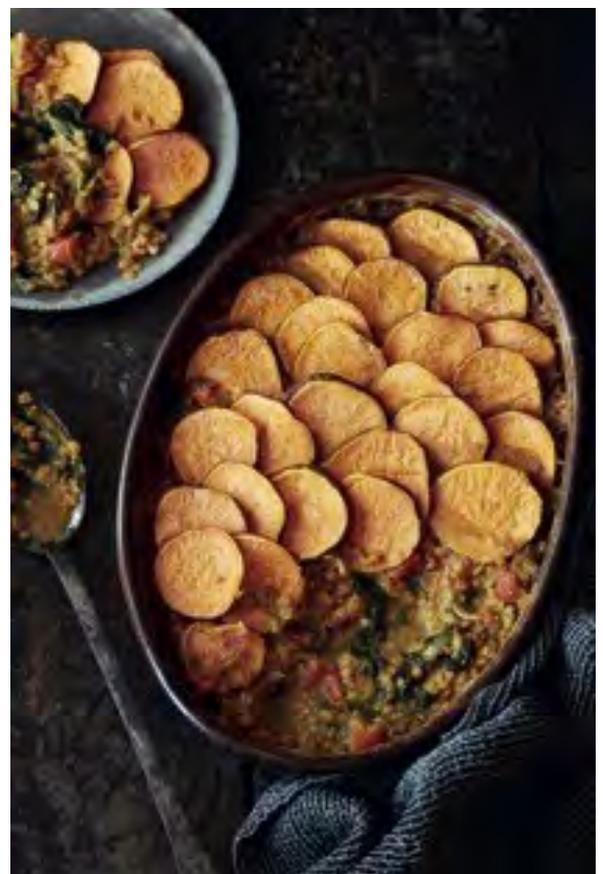
Prep: 10 minutes Cook: 45 Minutes Serves 4

This is a hearty and complete meal in a tray – all your greens, protein, fats and carbs in one delicious dish. The gratin mixture seems very wet when it goes into the oven, but don't worry – it'll thicken as the lentils plump up and absorb the coconut milk. If chilli isn't your thing, omit it and leave the whole thing mild and fragrant.

vegetable or sunflower oil, for frying
1 onion, sliced
1 teaspoon yellow mustard seeds
3 garlic cloves, sliced
250g red lentils, rinsed
2–3 dried chillies, crumbled (optional)
4 tomatoes, roughly chopped
800ml coconut milk
250g spinach
700g sweet potatoes, cut into 5-mm thick slices
salt and pepper
1½ tablespoons good quality mild curry powder

To serve

naan breads
Indian chutneys and pickles
Raita (optional)



Preheat the oven to 180°C (Gas Mark 4) and shake together the curry powder ingredients in a small jar.

Warm some oil in a saucepan. Add the onion and mustard seed and cook gently over medium-low heat for 10 minutes, until starting to soften. Stir in the garlic, lentils and chillies

and cook for 2 minutes, then mix in the curry powder, tomatoes and coconut milk. Bring the mixture to a simmer, season well with salt and pepper and cook for 10 minutes.

Meanwhile, wilt the spinach in a dry frying pan for 1–2 minutes. Tip away any excess water and discard. Spread the spinach across the base of a large gratin dish. Top with the lentil mixture, then with the sweet potatoes in an overlapping shingle pattern. Bake for 30 minutes, until the potatoes are tender and coloured at the edges.

Serve immediately with naan breads and plenty of Indian chutneys, pickles and raita on the side.

Dry January. Cheers! There has been quite a debate about whether it is a good thing to have one month off the booze or just cut down generally. I think it better to have a day or two each week when you don't drink. Whatever you are doing, whether giving your liver a post Christmas rest, or cutting calories, there are a few new drinks worth checking out. One is San Miguel 0,0% alcohol-free lager, with a pale blonde colour and malty notes of barley, a roasted flavour and balanced bitterness. It is available in a 330ml bottle and should ideally be enjoyed chilled and at 79 calories per 330ml it ticks lots of boxes for me. Available in Tesco, Waitrose, Ocado, Sainsburys at around £3-3.50 for four 330ml bottles



Metcalfe's® Corn Chips come in individual 22g bags, each of which is less than 100 calories. The ideal way to battle though the mid-afternoon munchies, these lightly-seasoned snacks will launch in two flavours, moreish Nacho Cheese (92 calories) and scrumptious Sizzlin' BBQ (94 calories) (RRP: £0.75). These will be available from Tesco stores nationwide in January 2019.

Another great new product is made from black eyed peas and also pretty low calorie...and they are vegan. BEPPS (or Black Eyed Pea Puff Snacks) are extruded and air popped from milled black eyed pea flour and available in three flavours: Cheese; Sea Salt & Black Pepper and, my favourite, Sweet Chilli. Available in Tesco at the moment for £1.79 a 70g sharing bag or two packs for £3



Home (less) and Alone in Richmond

By Shona Lyons

As I sit here sweltering in our over hot office my mind switches back to early Monday morning when Bruce and I clambered up the steps of Richmond Embankment after we rowed through the dark from Eel Pie Island. We were on our way to get a little shopping and a coffee at Pret a Manger. The usual thing we do when we wake up at around 5.30am and get in our little rowing boat, Robyn for our ritual row to Richmond.

So we had just walked up the steps of Richmond embankment and we turned the corner by the Ivy. We were met by an elderly man, obviously homeless. He was really quite dishevelled and carried what was left of all his worldly possessions in a plastic bag and even that looked pretty empty. He looked frozen and for a second he looked at us and we looked at him. He definitely looked at us in a way asking if we could help him. I thought to myself he must have just woken up off some cold paving stone. I wished I had something warm to give him and a knapsack for his things. I wondered whether he was making his way to the Vineyard, a community centre that has a coffee morning drop in for the homeless from Monday to Thursday from 8.30am till 11.30.

I wished him up the hill and to somewhere warm. I hoped they would give him a warm welcome and somewhere to thaw out his old cold bones. I really wanted to ask him to have coffee with us, but the moment's stare passed in a second and I wasn't sure how Bruce would feel. Usually he is ok about that kind of thing but sometimes he is impatient and gets a bit annoyed. Anyway the moment passed, the man went on his way. And every minute of every day that has passed since then I think of him.

I want to make him a back pack and have it ready for him when I turn the corner and we set eyes on each other again. I have already thought about the goods I will put in it. A few pairs of warm socks, a warm hat, scarf, some clean underwear, a tooth brush, tooth paste, liquid soap, maybe a flannel? And of course a warm sleeping bag. Something to give him some warmth and tell him that someone cares about him.

I collect for the homeless. In fact in recent months a face book and twitter post I put out went viral and we have been calling the Vineyard every week to bring their van to take the things. But still I think all the time that I would feel better if I knew for certain that these poor men (they are almost all men) were being shown these things in their morning visits and choosing what they need, be it new pants, a warm coat, a fleece, socks, a hat etc. all items that we have been brought these last week in their droves and I have been packing off to the centre.

My ambition is to keep a few back packs here ready made for our morning rows because it is always in those very early hours when people are just stirring out of their sleep that we see these poor men wandering around, freezing cold with nothing to call their own and it's really shocking to be honest. Poor old men who should be in a warm bed, wandering around the streets of Richmond, all alone with no one who cares about them.



**We urgently need your old
Sleeping bags, hats,
Scarves, gloves, Socks,
Rucksacks
& men's new underpants
(Lrg and Medium)
They are donated to
the borough's homeless**

**Please bring to Crusader Travel,
57-58 Church Street, Twickenham, TW1 3NR
All donations very gratefully received**

Swan Lake

by Derek Deane, music by Pyotr Ilyich Tchaikovsky

English National Ballet at the London Coliseum until 13th January

Review by Suzanne Frost

Swan Lake was my first ballet, as I'm sure it undoubtedly is for many people, and seeing a matinee performance with lots of families in the audience, it seems it will continue to be that perfect introduction to the art form. The curtain opens on a leafy clearing with lovely warm autumn colours. I love a muted colour palette!

As highlights, the *pas de trois* is perfectly lovely and very well danced; the exceptionally long legged Erik Woolhouse has *entrelacé* that just soar; and Francesca Velicu, a lovely dancer who stood out for me in every role, from *pas de trois* to cygnet to princess, mostly for her graciously lyrical neckline and beautiful musical phrasing.

The beautifully fragile Erina Takahashi gives us an Odette that isn't just shy but positively terrified. Her suffering is tangible and her technique flawless. Her balances are so endless

she forces lead violinist Matthew Scrivener into *ritardandos* close to slow motion. His weeping violin is a perfect match with Takahashi's interpretation of a traumatised princess close to giving up. She really fills those well-known steps with individuality. Moreover, whenever a ballerina excels as the lyrical Odette I can't wait to find out what she will do with Odile. Erina Takahashi has everything I'd want though from the black swan, all malicious smiles and perfectly mimicking, even mocking the mannerisms of Odette.

Prince Siegfried, Francesco Gabriele Frola, is a dashing handsome Italian, on loan this season from National Ballet of Canada and definitely someone to watch. His solo is flawless.

The *pas de deux* is very very well danced. People always clap at the 32 *fouettées* because they've heard about them – sure they are hard but the *tours à la seconde* that followed were spectacular! For all their tricks and stunts though they both never forgot to tell the story. You can see Siegfried falling in love and the betrayal that follows is truly heart breaking. The magic happened

Read Suzanne Frost's full review at

www.markaspen.wordpress.com/2019/01/06/swan-enb

Photography by Laurent Liotardo



Traveller's Tales 12

Doug Goodman

Greece's Northern Holiday Region



HALKIDIKI

Halkidiki offers a perfect combination of excellent beaches, fertile green countryside, traditional villages, a wealth of history, ancient sites and a wide range of accommodation. Still fairly unknown to British holidaymakers, compared to the Islands and southern holiday hotspots, it is only three hours flying time from the UK to Thessaloniki, (Salonika), the country's second city. Halkidiki Greece's most northern region is part of Central Macedonia with Bulgaria and the Former Yugoslavia to the north..

Halkidiki is made up of three peninsulas in the Northern Aegean. It has over 300 miles of coastline with some of the most unspoilt and uncrowded sandy beaches to be found. Blue flag awards for clean and often inaccessible beaches number over 80.

The three distinct 'prongs': Kassandra, Sithonia and Athos, each have their own charm and character - and all offer holidaymakers a taste of real Greece.



Port of Ouranopolis



Clean sandy beaches

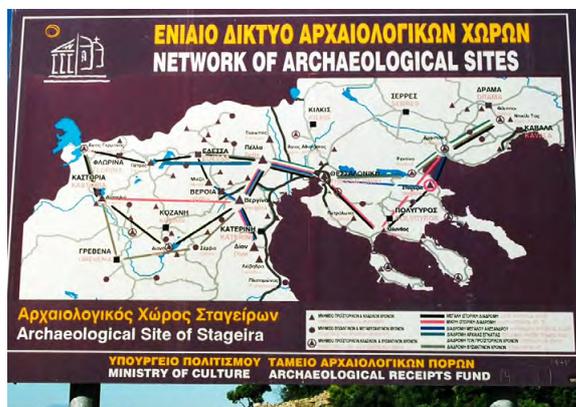


One of Halkidiki's many ancient sites

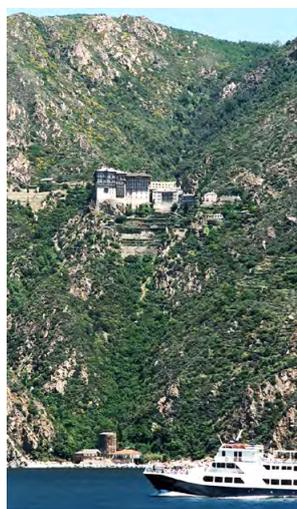
Kassandra is the most westerly peninsula and the most popular. Its long, white beaches are probably the best in the region, while inland the pine forests provide great walking and shade from the midday sun. Hotels and apartments from 5* complexes to family-run establishments can be found here together with traditional tavernas, bars and nightlife. From the western coastline there are often spectacular views across the sea to snow-covered Mt. Olympos. The middle peninsula, Sithonia, is named after a son of Poseidon, and is a rugged series of pine-covered mountains with valleys full of olive trees and a succession of fishing villages and picturesque harbours.

Finally there is Athos, the undiscovered peninsula, not least because at its heart is the Holy Mountain, Mount Athos, home to 20 monasteries and about 1800 monks. For over one

thousand years women have been forbidden to set foot here and non-Greek men have to obtain a special permit. The closest most people get to this remote part of the region is the village of Ouranopolis, Heaven's Gateway, from where cruises along the peninsula are available. I had the opportunity to visit Mt. Athos three times to learn about the monks' austere and isolated way of life. But more about the Autonomous Republic, centre of Greek Orthodox Monasticism where even most female animals are banned, in a future report.



Ancient cities in Northern Greece



Mt. Athos cruise



Typical meal in a taverna

GREEK SPECIALITIES

Sightseeing opportunities are plentiful and include the ancient city of Stageira - birthplace of Aristotle; the cave at Petralona where in 1960 the skull of a Palaeolithic hominid was found - subsequently determined as representing the 'missing link' in the evolution process.

Take a trip to Thessaloniki and visit its famous museums, sites and shops. The food market is a great spot to sit enjoying a glass of ouzo or the region's Tsantali wine and absorb the atmosphere. The recently renovated historic area near the port - Ladadika has some of the best restaurants in the city. Greeks eat late, often after 10.30 and their dinner is frequently preceded by drinks and a meze.

The traditional meze spread consists of several sharing dishes such as taramasalata, tzatziki, houmous, fried cheese and aubergines and much more. Try Moussaka a dish of lamb, fried aubergines, potatoes and béchamel sauce. Dolmades are vine leaves stuffed with lamb, rice, mint and lemon. A half litre of Retsina goes down well! Souvlaki is the traditional take-away and consists of pitta bread with meat grilled on a skewer and accompanied with onion and tomato.

Alternatively, just relax at a taverna in one of the many picturesque fishing villages and sample the local catch. Long distances between the peninsulas and main towns mean you'll need a hire car as public buses are none too comfortable or regular. Halkidiki is popular with Greeks as many own second homes here. In summer you'll find the tavernas packed with family groups enjoying late night meals, music and dancing. Plate smashing is no longer permitted so you'll need to buy a tray of carnation heads to throw at your friends.

Greece: www.worldinfozone.com/facts.php?country=Greece

FOOTBALL FOCUS

By Alan Winter



BRENTFORD FC

IT'S BIG BEES V LITTLE BEES IN THE FA CUP!

I doubt if any two teams with the same nickname have ever been drawn to play each other in the 4th round of the FA Cup. It's happened now though!

Non-league Barnet and Brentford will play each other at The Hive in Barnet over the weekend of 25-28 January.

A Neal Maupay penalty was enough to see Brentford ease past Oxford United and into Round Four last Saturday while Barnet won 1-0 at Bramall Lane against Sheffield United on Sunday. This was a massive piece of giant killing by Barnet as Sheffield United are currently several places ahead of Brentford in the Championship



Barnet are currently 15th in the National League under temporary boss Darren Currie. For those not sure what the National League is, it is basically football league division 5. Hampton and Richmond are currently playing in the 6th tier one below Barnet. So with Brentford in the Championship which is League Division 2 in old money you would have to make the Bees of Brentford favourites to get past the Bees of Barnet. Anyway Brentford have had their nickname for much longer than Barnet!

Back to today (Saturday 12th January) and former Bees favourite Ryan Woods returns with his Stoke City colleagues to Griffin Park for a Championship match. Brentford v Stoke City. Kick off 3.00 today.

Come on you Bees!

HAMPTON & RICHMOND BOROUGH FC

FIVE STRAIGHT DEFEATS BUT BETTER PERFORMANCE CHELMSFORD CITY 2 – HAMPTON & RICHMOND BOROUGH 0

Two goals midway through the first half for the Clarets' Rhys Murphy turned the game but the Beavers could've been right in the game had they taken their chances.

Chelmsford's goals came in the 22nd and 27th minute but Hampton had more of the play and more of the chances.

Hampton's Chris Dickson was giving his all up front and nearly got his reward with 10 minutes to the interval as he took the ball some 30 yards from midfield



through the centre of a strangely tentative Chelmsford defence; his chip over MacDonald looked on target, but it lacked the pace and the ball was hacked away from inside the 6 yard box.

Hampton took a big collective sigh as the dangerous Murphy was unfortunately subbed just before half time as Chelmsford then looked less threatening.

Straight after the interval, Tom Lovelock had to be alert as he dived to his left to push away Anthony Church's attempt as the Beavers tried to find an opening to get back into the match. The momentum of the game was then halted abruptly on 54 minutes as the referee pulled up with an injury and it soon became clear that he was in no fit state to continue as the Chelmsford physio provided treatment. After some 15 minutes, a replacement assistant was found and the game continued.

Both teams struggled to create anything like a clear chance following the break in play; it took until approximately the 70th minute for Craig Dundas to have a shot on goal which was wasted.

Some 10 minutes later, Chris Dickson managed to poke a shot on target but it was blocked inside the Clarets 6 yard box.

With about 5 mins of normal time left - as far as anyone could tell - Matty Wichelow had a great opportunity as he broke through on goal, but MacDonald pulled off a good save to preserve his clean sheet and make sure that the Beavers would get nothing out of the game. After the match, Hampton Manager Gary McCann was hopeful about the next few games, "If we play a little more like that going forward, with the same togetherness and purpose and understanding, and take our chances, we're going to win more games than we have done." Thanks to Rob Overfield who wrote this match report for the Hampton website.

Hampton and Richmond Borough are at home to Dulwich Hamlet today, (Saturday 12th January). Kick off at 3.00 at the Beveree Stadium.

A ROOM WITH A VIEW



Africa and Europe from a penthouse veranda at the Elliott Hotel, Gibraltar

<http://worldinfozone.com/features.php?section=Gibraltar>

Long-standing fan will be in place for first game just after her 100th birthday

Brentford's Queen Bee has become the first fan to secure a Premium Seat at our new stadium. Audrey Baker, a Bees fan of 88 years, and her partner Roy Romain have already snapped up their seats at Brentford Community Stadium, ready for the opening next summer. Audrey is one of Brentford's oldest fans and started attending matches at Griffin Park before World War II. She is now in line to watch the first at the new stadium in summer 2020.



Ealing-born Audrey first came to Griffin Park with her father in the 1930's and lists Dai Hopkins and the prolific goal scorer Jack Holliday as her favourite players of yesteryear. She became Patron of our "Babees", "Bee Team" and "Juniors" membership schemes, for supporters up to the age of 18, earlier this season. Her generous two-year investment will help the Club develop our offering for younger fans and attract new supporters to the Club. And Audrey has now secured her own space in the Club's history.

They secured their seats for Brentford's matches from the 2020/21 season onwards in Club 1889, so they can enjoy fine dining and comfort before the match as well as great views of the pitch. And they were the first fans to do so.

Audrey – who will be 100 when she attends the first game at the new stadium – said: "Brentford has been a big part of my life for as long as I can remember. I wanted to support our younger fans at Griffin Park, but I am looking forward to moving to the new stadium. It was an honour to be the first person to buy a seat and I cannot wait to watch a game there."

Cliff Crown, Brentford FC Chairman, said: "Audrey has shown her commitment to Brentford and our ambitions by supporting our junior memberships and I am very pleased she is looking after herself as well. We believe Hospitality the Brentford Way will be something special and we're delighted that long-standing fans want to be part of it. I look forward to seeing Audrey and Roy at our first game, and many more - we are counting down the days."

As our Junior Bees Patron, Audrey was given first sight of our Posh Seats along with our Club Partners and existing hospitality purchasers. Fans that have registered their interest in hospitality at Brentford Community Stadium will be able to see what we have on offer next month. Full information can be seen at newstadium.brentfordfc.com. Fans who want to keep up-to-date on the development can register at newstadium.brentfordfc.com/register.



Richmond Film Society's 57th Season of World Cinema continues at The Exchange, Twickenham

22 January, 8PM

Zama (Argentina)

In a remote Spanish colony we find 'corregidor' Zama who has seen better times. We observe as he seeks favours to regain prestige and be reunited with his family. Will the Fates let him succeed?

Films are screened at 8:00pm at The Exchange, 75 London Road, Twickenham, TW1 1BE. Members go free. Non-member tickets are £5 (full-time students £3). Tickets can be purchased on the night (cash only) or in advance from The Exchange's Box Office – in person, by telephone on 020 8240 2399 or online



Facilities include a very comfortable, tiered 285-seat theatre, lifts, disabled access, a bar and a café. Films are shown at 8.00pm sharp, with no trailers and no ads. On screening nights, the Bar is open from 7.00pm and the auditorium opens at 7.30pm.

Professional Rugby in England taking action on player injuries

The Rugby Football Union (RFU), Premiership Rugby (PRL) and the Rugby Players' Association (RPA) have today set out the focus areas for their continued action to mitigate the risk of player injuries in the English professional game.

The Professional Game Action Plan on Player Injuries, endorsed by the Professional Game Board (PGB), was launched last March (2018). Data from the 2017/18 Professional Rugby Injury Surveillance Project (PRISP) report, which is published today, will shape the revised action plan priorities for 2018/19.

Reducing injury risk in all sports including rugby union requires a detailed understanding of the factors that underpin injury occurrence, a clear and agreed vision of what level of risk is acceptable and a sustained, co-ordinated and innovative approach from national and international game administrators, coaches, referees, players and medical staff.

The PRISP study is an annual study which has been collated and published since 2002 and provides the professional game in England with the most comprehensive data to assess trends in injury risk. Similar data is starting to be collected in other professional competitions but it will take at least another 12 months before a truly global picture of injury risk can be established.

Since its launch last year, the PRISP Action Plan has involved:

- Meeting with World Rugby to discuss law reviews and instigating a reduced tackle height trial in the Championship Cup.
- Following a review of tackle law application in the Premiership, creating a group to continue to analyse and monitor sanctions given by referees.
- Collaborating with World Rugby to explore the feasibility of a post-game high-tackle warning in the 2018-19 season as we explore how we decrease the number of high-tackles that go unsanctioned in the Premiership.
- Holding workshops to discuss training injury risk and concussion risk in the tackle and making a commitment to undertake an annual meeting programme that brings together players, coaches and other club representatives to share the latest evidence in research and injury risk and to discuss practical solutions for key player welfare issues.
- Setting up a new game-event analysis resource to provide important data to further our understanding of how the game develops over time and to add value to a number of ongoing research projects.
- Receiving PGB approval for the introduction of artificial turf pitch maintenance requirements into the minimum standards audit for the 2019-20 season

The priority areas for the English professional game in the 2018-19 season, based on the latest PRISP results, are:

1. Law design: Collaborate with World Rugby – who have the principal responsibility for the laws of the game – and international unions, competitions and player associations to think

innovatively about how the laws of the game can best prioritise player safety outside of the current law review process. This work will focus on working with all stakeholders to review the impact of the Championship Cup tackle height trial, consideration of other law safety initiatives and how to more effectively integrate game event analysis and injury metrics into future law design discussions.

2. Law application: Collaborate with World Rugby to ensure that law application on the height of the tackle is consistent and understood by all stakeholders. Clearer definitions and operational parameters that are understood by all players, coaches, referees, citing officers and spectators are needed for accidental, reckless and deliberate actions which are consistently aligned to the awarding of penalties, yellow and red cards. If there is a desire to change player behaviour to reduce the risk of concussion, we believe that the threshold for receiving a card for a high-tackle is currently too high.

3. Training injury risk: Support clubs and coaches to achieve the optimal balance between performance and injury risk via a series of practical seminars that focus on the planning and management of training and recovery. In addition, we will be;

- Collecting more information on targeted high-risk injuries (matches and training) in order to better understand the risk factors for their occurrence.
- Collecting more information on the details of training activities with a specific focus on timing in the week and the amount and nature of contact included in sessions.
- Exploring the feasibility of improving player management via a more standardised and integrated approach to the collection of player data. In particular a standardised athlete management system and allied GPS system across the Premiership and England.

4. Artificial grass pitches (AGP): Collaborate with World Rugby on their ongoing review of the appropriate performance standard and post-installation testing and maintenance requirements for AGPs in professional rugby union. In addition, we will undertake new research to better understand the grip release characteristics of different types and styles of rugby boots. We believe that understanding the unique interaction between a player's boot and an AGP will enable us to provide evidence-based guidance to players regarding the most appropriate boots to wear on AGPs and mitigate injury risk.

Nigel Melville, acting RFU Chief Executive said: "The annual PRISP data is critical to helping us understand trends in professional rugby. Mitigating injury risk in a contact sport is a complex area and requires everyone involved in rugby globally to work together if we are to truly address this.

"Since launching our action plan last March, we have seen greater collaboration with World Rugby and have instigated a tackle height trial in the Championship Cup which is currently ongoing. It's still early days – the action plan was launched towards the end of the 2017/18 season, but we believe the plan covers the key issues and we will use the 2017/18 PRISP injury data to shape the plan as it evolves and is embedded into the English professional game."



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